

# TAIWAN TRAINING TOUR 2011

Once in a lifetime opportunity to visit the cream of Chinese Martial Arts in Taiwan and Study with Grandmaster CHEN YUN CHING, son and heir to Chen Pan Ling's Martial Arts Legacy and be a part of the celebration of the CHEN PAN LING INTERNATIONAL FOUNDATION.

- Arriving Taiwan 12 January 2011 - Departing Taiwan 20 January 2011
- Stay at South Taiwan's FO GUANG SHAN BUDDHIST TEMPLE.  
<http://www.fgs.org.tw/english/index/index.htm>
- Shop and eat at the incredible night market.
- All classes will be conducted by Chen Yun Ching and James Sumarac
- 2 nights in Taiwanese countryside sightseeing and relaxing.
- Tour fully escorted by Shou Mei Sumarac (a native born Taiwanese).

#### **For Australian Participants:**

##### **Cost:**

AU \$3,500 (excluding GST)

*(To secure this price a deposit airfare of \$1500 is required by 30 June 2010)*

##### **Includes:**

Return airfare, airport taxes, all meals, accommodation, tuition and domestic travel within Taiwan.

#### **For International Participants (outside Australia):**

##### **Cost:**

US \$1,750

##### **Includes:**

All meals, accommodation, tuition and domestic travel within Taiwan (not inclusive of main fare).

*(Deposit of \$500 is required by 1 October 2010)*

#### **TAIWAN TOUR**

**12 -20 January 2011**

- Study personally with Master Chen Yun Ching
- Nine days of training and sightseeing
- Fully escorted tour with all meals, accommodation, tuition & domestic travel included.



# TAIWAN TRAINING TOUR 2011

## APPLICATION FORM

### Applicant Details:

Full Name (on passport):

Address:

Date of Birth:

Gender:

Nationality:

Passport Number:

Passport Expiry Date:

Cell Phone No. & Email:

### Flight Details:

(only necessary to complete if arriving from country other than Australia)

Departure Airport:

Flight Number:

Time:

Arrival:

### Additional Details:

Special Dietary Considerations:

Medical conditions we may need to be aware of:

Payment received:

Payment method:

Balance owing:

Send your completed form to:  
James Sumarac  
Email: [james@jamesumarac.com](mailto:james@jamesumarac.com)  
Address: Po Box 39 Lancefield, Vic 3435  
Phone/Fax: 613 5429 2122

## TAIWAN TRAINING / ACTIVITIES ITINERARY JANUARY 2011

**JANUARY 12<sup>TH</sup>**

Australian members arrive 6.15pm.

***Please note: Members arriving from International destinations try and arrive at Kaohsiung International Airport during this day 12/01. Please try not to fly in too late as Temple doors close at 10pm.***

***Bus leaving airport to Temple 7-30pm.***

Introductions and welcomes at Fo Guan Shan Temple

**JANUARY 13<sup>TH</sup>**

8.00am Breakfast at Temple  
10.00am Training with master Chen Yun Ching  
12.30pm Lunch at Temple  
2.00pm Training with master Chen Yun Ching  
6.00pm Dinner at Temple

**JANUARY 14<sup>TH</sup>**

8.00am Breakfast at Temple  
10.00am Training with master Chen Yun Ching  
12.30pm Lunch at Temple  
2.00pm Training with master Chen Yun Ching  
6.00pm Dinner at Temple

**JANUARY 15<sup>TH</sup>**

8.00am Breakfast at Temple  
10.00am Bai Shi Ceremony  
12.30pm Lunch at Temple  
1.30pm Training with Master Chen Yun Ching  
4.00pm Depart to Kaohsiung City for celebration dinner and Night market.

**JANUARY 16<sup>TH</sup>**

8.00am Breakfast at Temple  
10.00am Training with master Chen Yun Ching  
12.30pm Lunch at Temple  
2.00pm Training with master Chen Yun Ching  
6.00pm Dinner at Temple

**JANUARY 17<sup>TH</sup>**

8.00am Breakfast at Temple  
10.00am Training with master Chen Yun Ching  
12 noon Lunch at Temple  
1.30pm Training with master Chen Yun Ching  
4.00pm Depart to Kaohsiung City for dinner and shopping / blind massage (optional).

**JANUARY 18<sup>TH</sup>**

8.00am Breakfast at Temple  
9.30am Training with master Chen Yun Ching  
12 noon Lunch at Temple  
1.00pm Training revision with master Chen Yun Ching and certificate presentations.  
  
4.00pm Depart for sightseeing to Hot Spring Resort in Tainan.  
Dinner & overnight at Tainan.

## JANUARY 19<sup>TH</sup>

8.00am Breakfast at Tainan Resort.  
11.00am Depart for additional sightseeing locations at old Fishing village.

LUNCH & DINNER WILL BE AT CHANG HAO CITY.

Free time in evening for last chance shopping if desired.

## JANUARY 20<sup>TH</sup>

8.00am Breakfast at Chang Hao Hotel  
9.30am Depart for special training session at Ba Gua Mountain.

LUNCH WILL BE ON THE WAY TO TAIPEI AIRPORT

3.15pm Depart for Australia.

**International visitors try to coordinate your departures on this day or at your convenience.**

### IMPORTANT NOTE

- Basic elements of the Chen Pan Ling system; Tai Chi Chuan and Push Hands will be practiced at each session and specialized topics of interest may be available for more advanced practitioners.
- If you have any requests for training items please ask before January and we will do our best to accommodate you.  
[james@jamesumarac.com](mailto:james@jamesumarac.com)
- Address of your place of stay will be required when you complete customs declaration form before arrival in Taiwan.  
**Fo Guang Shan Buddhist Temple, Kaoshiung.**  
Phone in Taiwan : 07 6561921

**Visit Fo Guang Shan Temple at: [www.fgs.org.tw/english/](http://www.fgs.org.tw/english/)**

- Bring a light jacket suitable for 12° - 20°C, suns creen / insect repellent, sweat towel, comfortable training footwear & walking shoes, small backpack and any other personal needs to accommodate your 9 day stay in Taiwan
- Bring your own water bottle for refilling
- Please adhere to Temple dress codes and etiquette, i.e. no shorts, singlet(s), or possession of alcohol or cigarettes. This is strictly prohibited in the Temple.
- Collapsible swords should be put in check-in luggage not hand luggage.
- Please bring indoor training slippers and outdoor training shoes.

**If you require to purchase any merchandise, books, DVD's etc please place order now!  
Be mindful you will be staying at the largest monastic charitable organization in Taiwan.  
Appropriate dress and appropriate behaviour at all times.**